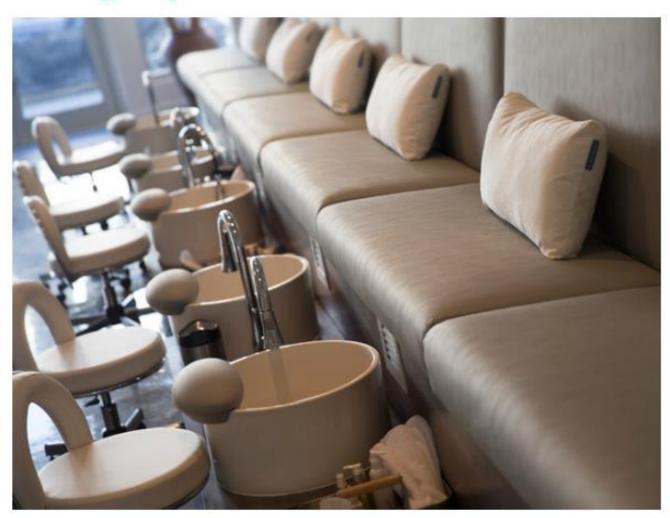


Style & Beauty

5 Eco-Friendly Treatments to Try During Earth Month

Pampering gets an eco-chic upgrade as some of Miami's top spas and salons offer environmentally friendly services and products. Here are five luxurious treatments to try during Earth Month and beyond.

Aromatherapy Massage at Gloss Nailbar



Escape to this Zen-inspired salon for much-needed tension relief with an organic twist. Owner Sandra Weir stocks only organic or recyclable, non-toxic, vegan, and cruelty-free nail polishes, body lotions, and oils, including the salon's eponymous line, Gloss Naturals. Come for the toxin-free manicure, and stay for an aromatherapy massage—a gentle, 60-minute treatment with organic essential oils that addresses modern-day stressors like sore muscles and tension. 214 Andalusia Ave., Coral Gables, 305-